

# Cheesy Sausage Muffins

## Ingredients:

1 cup self-rising flour  
1/4 cup salted butter, room temperature  
1/4 cup mild cheddar cheese, shredded  
1/2 cup sharp cheddar cheese, shredded  
3 oz. cream cheese, cubed  
2 large eggs  
1/3 lb. sausage, used Swaggerty's Farm  
1/8 cup chopped onion or green onion  
2/3 cup buttermilk

## Instructions:

Brown sausage in a skillet, add onion if desired. In a bowl, blend butter with flour, cheese, beaten eggs, and milk. Stir in the sausage and fold in cream cheese cubes. Fill greased muffin tins—24 mini or 12 regulars. Bake at 375°F for 25 minutes for mini size muffins and 30 min for regular.