



Georgia Sweet Tea

Ingredients:

3 family-size Tetley tea bags
water

1 cup granulated sugar, adjust amount per
taste but not until it is fully chilled
plain, clean milk jug

Instructions:

In a medium saucepan, fill it halfway with water. Add tea bags and place pan on the stovetop. Bring to boil over medium-high heat. Boil the tea for one minute. Turn off the heat and remove the pan from the stove. Let it sit for 15 minutes. My favorite way to make tea is using a gallon jug, like a milk jug. Take a clean jug and place it in the sink. Use a funnel to add sugar to the jug. **DO NOT** add boiling water to a plastic jug! Make sure the water has cooled for at least 15 minutes, but it should still be warm. Pour the warm tea through a funnel into the jug over the sugar. Put the lid on the jug. Turn the jug upside down and shake it very well until all the sugar dissolves. Add water to fill it up, leaving an inch from the top. Shake well again. Do not serve it the same day you make it.

Important Tea Tips:

Tips: Tea tastes much sweeter after it has cooled in the refrigerator overnight. If you make it the same day you plan to drink it, you'll need to add more sugar to achieve the desired sweetness. To enjoy the best flavor, always prepare tea at least a day in advance. Letting it sit overnight is especially helpful for those who are mindful of their weight or sugar intake.



If you need to drink the tea the same day and have a deep freezer, you can place it in the freezer until it is very cold before serving.

When my kids were young, I used to add 1 and 1/3 cups of granulated sugar. Now they prefer it with just 3/4 cup of sugar per gallon. Feel free to adjust the amount according to your taste.

If you're looking to reduce the sugar in your tea, start by cutting it down by 1/4 cup at a time to make the change gradual.

"I personally prefer to boil my tea. I find that the Tetley brand does not taste bitter after boiling, unlike other brands. The strength of the tea is a matter of personal preference. My mother did not boil her tea; she simply added hot tap water and let it sit all day in a jug on the kitchen counter. I, however, like to boil it in my kettle." - Tammy