

Peach Milkshakes

Ingredients:

1 cup fresh or frozen peaches, diced
1/4 cup honey, or 1/4 cup sugar
1 tsp vanilla extract
1 1/2 cups milk
1-pint vanilla ice cream

Instructions:

Blend peaches and honey in a blender, then add the remaining ingredients. Blend until smooth. Serve in a tall glass topped with whipped cream. Makes 3 shakes.