

Chili for Two

1/2 LB GROUND CHUCK COOK & DRAIN

1/4 CUP ONION (CHOPPED)

1/4 CUP BELL PEPPER (CHOPPED)

2 TBSP OLIVE OIL

1-CAN ROTEL WITH MILD CHILIES

OR 14.5 CAN PETITE DICED TOMATOES

1- 16 OZ. CANS KIDNEY BEANS WITH JUICE

1 CUP WATER

5 OZ. CAN TOMATO SAUCE

1 TSP. FREEZE DRIED BASIL

1/2 TSP. BLACK PEPPER

3/4 TSP. SALT

1TBSP. CHILI POWDER

Sauté onions & pepper with olive oil in stockpot then add ground beef. Brown ground beef drain. Add remaining ingredients. Stir well.

Crock pot: Cook low 6 hours or high 3-4 hours.

Stovetop: Cook on low heat 2 or more hours. Stirring occasionally to prevent sticking. Add hot sauce or diced chilis if desired. Serves 2-4