

Chili for Two

1/4 CUP ONION (CHOPPED)
1/4 CUP BELL PEPPER (CHOPPED)
2 TBSP OLIVE OIL
1/2 LB GROUND CHUCK
1-10 OZ. CAN ROTEL WITH MILD CHILIES
OR 14.5 OZ. CAN PETITE DICED TOMATOES
1-16 OZ. CAN KIDNEY BEANS WITH JUICE
1 CUP WATER
1-5 OZ. CAN TOMATO SAUCE
1 TSP. FREEZE DRIED BASIL
1/2 TSP. BLACK PEPPER
3/4 TSP. SALT
1 TBSP. CHILI POWDER

Sauté onions & pepper with olive oil in stockpot then add ground beef. Brown ground beef, drain.

Add beef and remaining ingredients to crock. Stir well.

Crock pot: Cook low 6 hours or high 3-4 hours.
Stovetop: Cook on low heat 2 or more hours.
Stirring occasionally to prevent sticking. Add hot sauce or diced chilis if desired. Serves 2-4.