

## Chili Mac

- 1 LB GROUND BEEF OR TURKEY
- 1/2 ONION (DICED)
- 2 CUPS ELBOW MACARONI PASTA
- 1-14.5 OZ. CAN DICED TOMATOES  
(FIRE ROASTED)
- 1-15 OZ. CAN TOMATO SAUCE  
(OR CRUSHED TOMATOES)
- 1-14.5 OZ. CAN LIGHT KIDNEY BEANS  
(OR CANNELINI BEANS)
- 1 PACKET OF CHIILI SEASONING  
(OR RECIPE BELOW)

In a large skillet or pot, brown your beef with onion. Drain and add back to skillet. Add the remaining ingredients and cook until pasta is tender. Serve with a dollop of sour cream. This recipe is from a viewer named Betty!

### Chili Seasoning:

- 1 TBSP. CHILI POWDER
- 1 TSP. GROUND CUMIN
- 1/2 TSP. GARLIC POWDER
- 1/2 TSP. ONION POWDER
- 1 TSP. SALT
- 1/4 TSP. BLACK PEPPER

Combine seasonings and mix well.