

CHRIS'S GOULASH

ONION, 1 CUP DICED

GARLIC, 4 CLOVES – DICED

In a large skillet or braiser, saute onion and garlic in olive oil on medium heat.

Add:

1 PD GROUND BEEF, BROWNED & DRAINED

1 TSP. ITALIAN SEASONING

1 TSP. PAPRIKA

3 TBSP. TOMATO PASTE

15 OZ. CAN DICED TOMATOES

15 OZ. CAN TOMATO SAUCE

1/4 SALT & PEPPER

1.5 CUPS BEEF BROTH

1.5 CUPS MACARONI NOODLES, UNCOOKED

Cook on low for 15 minutes. Once noodles are done, add:

**1 CUP SHREDDED CHEDDAR CHEESE
(OPTIONAL)**

Serve with your favorite bread.