

Steamed Fresh Broccoli

LARGE HEAD OF BROCCOLI

WATER

SALT

PEPPER

1/4 STICK SALTED BUTTER

Wash broccoli and cut florets off head. Place a steamer basket in a medium saucepan and add 1 1/2 cups water. Put half broccoli in basket. Salt and pepper. Put in remaining broccoli and salt and pepper. Put lid on and bring to a boil. Boil 4 minutes and turn off. Drain, and toss broccoli in butter.

Stewed Summer Squash

5-6 PIECES SQUASH

WATER

SALT

PEPPER

1/4 STICK SALTED BUTTER

Pick out longer skinny squash for less seeds. Wash cut off ends and discard. Cut squash up and place in medium saucepan covered with water. Bring to a boil. Continue boiling until squash is soft. Remove from heat and drain. Add salt and pepper to taste and butter.

Note: *if you want onion add them chopped before boiling.*