

Ukrainian Goulash

1.5 to 2 LB BONELESS BEEF CHUCK CUBED

OR GROUND BEEF

1 ONION CHOPPED

2 TBSP. BUTTER OR OLIVE OIL

8 OZ. CAN TOMATO SAUCE

3/4 CUP WATER

1 TSP. SUGAR

1 TSP. PAPRIKA

1 TSP. SALT

1 TSP. CARAWAY SEED

1/2 TSP. DILL WEED

1 TBSP. KNORR BEEF BOUILLION GRANULES

1 TSP. WORCESTERSHIRE SAUCE

1/4 TSP. GARLIC POWDER

1/4 TSP. BLACK PEPPER

1/8 TSP. DRY MUSTARD

1/8 TSP. BASIL

1/2 CUP SOUR CREAM

HOT BUTTER NOODLES

Put all ingredients in a crock pot (minus the noodles) and cook on high 4-6 hours or until beef is fork tender. Serve over buttered noodles.